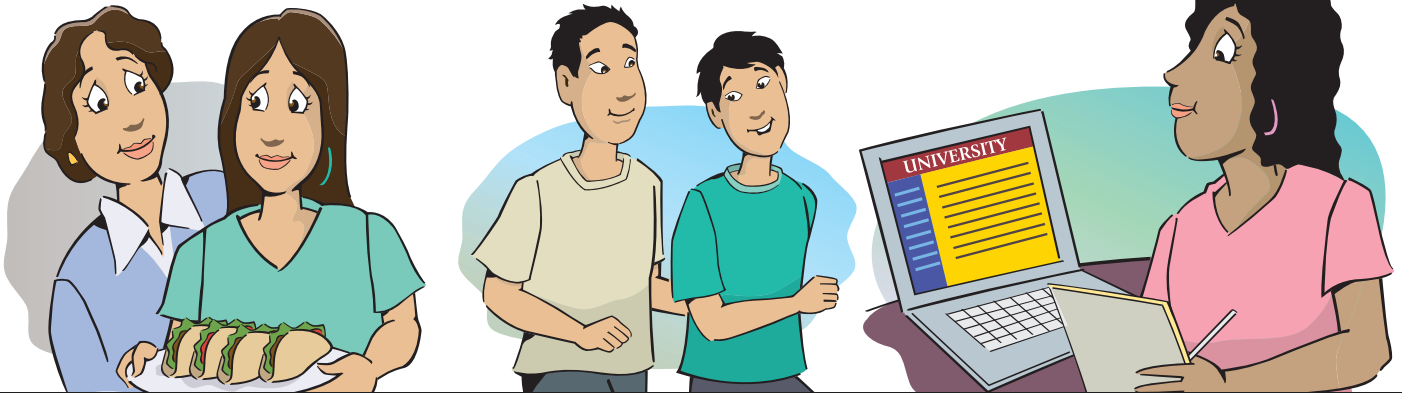


Daily Learning Planner

*Ideas parents can use to help students
do better in school.*

Buna Independent School District
Dr. Robin Perez, Superintendent

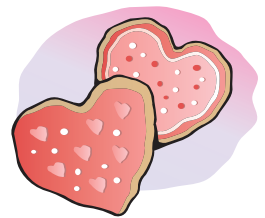


THE
PARENT
INSTITUTE®

February 2012

Daily Learning Planner: Ideas Parents Can Use to Help Students Do Better in School—Try a New Idea Every Day!

- 1. Ask your teen what she would do if someone offered her drugs. Brainstorm about good responses.
- 2. Give your teen this important message: Not everyone is sexually active.
- 3. Ask your teen to write a letter to a favorite athlete.
- 4. Go to the library or a bookstore. Look through magazines your teen enjoys. Choose one to take home.
- 5. Ask your teen to put gas in the car. Teach him how to check the oil and the air in the tires.
- 6. Mail your teen a Valentine, so it will arrive by the 14th.
- 7. Make a family promise: Everyone reads for at least 20 minutes a day.
- 8. Teens need to learn from experience. Whether it's a speeding ticket or a low grade, let your teen learn the lesson.
- 9. Tell your teen about your day in as much detail as you'd like to hear about her day.
- 10. Most colleges have websites. Encourage your teen to make some virtual college visits.
- 11. Think of someone your teen admires. Post a picture of that person somewhere in your home.
- 12. Look in the newspaper for interesting community events.
- 13. Discuss a commercial with your teen. What sales techniques are used?
- 14. Give your teen a small "just because I love you" gift—a candy bar or a magazine for example.
- 15. Every parent blows up once in awhile. If you do, be sure to apologize. Out of control anger is never appropriate.
- 16. When your teen is reading, have him jot down words he doesn't know and look them up later.
- 17. Start a family calendar with your teen. Have each family member use a different colored pen or highlighter to record activities.
- 18. Ask your teen what she thinks her life will be like 10 years from now.
- 19. Talk with your teen about his plans for after graduation.
- 20. Interrupt study with a stretch break every 15 minutes or so. Frequent stretching helps teens study more productively.
- 21. Remember, never make fun of your teen.
- 22. Tell your teen about something you did in high school that you would do differently now.
- 23. Ask your teen to estimate the tax on a purchase.
- 24. Teens know their shortcomings. They need you to remind them of their strengths.
- 25. Ask your child if her friends have the same values as she does.
- 26. Tonight, make your teen's favorite dessert for dinner—just because you love him.
- 27. During an argument, switch places with your teen. Each of you should present the other's point of view.
- 28. Talk to your teen about the effects of alcohol.
- 29. Tell your teen, "I believe in you."



Helping Students Learn®

Tips Families Can Use to Help Students Do Better in School

